	ehab Referral Syste					
INPATIENT REHAB REFERRALS: Please complete all fields and send referral electronically through E Stroke or fax a copy of this form to the stroke rehab program if outside of Toronto.						
1. PATIENT REGISTRAT	ΓΙΟΝ					
Patient's first name		Last Name				
Patient's gender	F	Patient's DC	В		YYYY-MM-DD	
Health Card Number *		Version		Expiry Date		
Province/Territory Issuing Heal	th Card	Referral Pro	vider			
2. DEMOGRAPHICS						
Patient's Home Address						
Postal Code		Home Telep	hone Number			
Family Physician's name						
Family Physician's contact info	rmation (phone or fax)					
Primary language spoken						
Speaks, understands English	Yes No Minimal		Interpreter Ne	eeded? Yes !	No	
Speaks, understands another land	guage (list)					
Premorbid Vocational Status (b	pefore this encounter) (amended from	n CIHI-NRS)				
☐ Full time or 30 hrs/week	☐ Part-time <30 hrs/week	☐ Adjusted/modif	fied work	Student	☐ Volunteer	
Retired	☐ Self-employed	☐ Unemployed		Homemaker	☐ Don't know	
Type of vocation						
Educational Level (choose HIGH	HEST level completed)					
☐ High School Grade 12	☐ High School Grade 13	☐ College Diploma	☐ Univ	ersity Degree		
☐ Masters Degree	☐ Doctoral Degree	☐Don't know	☐ Othe	er (list)		

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3. ACUTE CARE MEDICAL ASSESSMENT: STROKE EVENT Dear Physician or Physician Designate, You have been asked, to complete this Medical Assessment. * All fields must be completed. Patient's Name Date of Stroke Onset (or Date Last Seen Normal) * YYYY-MM-DD First Stroke? * ☐ Yes ☐ No **Date Previous Stroke** YYYY-MM-DD **Deficits Previous Stroke** ☐ Ischemic Hemorrhagic Type of Stroke* ☐ Transforming to Hemorrhagic (current stroke) Frontal Parietal Occipital Temporal **Stroke Location** Left (most recent CT/MRI) ☐ Right Internal Capsule Basal ganglia Thalamus Cerebellum Brainstem Carotid Stenosis Required Surgery? Yes No ☐ Cardioembolic ☐ Atrial Fibrillation Dilated Cardiomyopathy or other structural/wall movement abnormality ☐ Valvular problem ☐ Dissection Mechanism of Stroke ☐ Carotid ☐ Vertebral ☐ Small Vessel Thrombosis ☐ Auto Immune Unknown Other (Provide details) **Deficits Current Stroke** ☐ Aphasia L Hemiparesis ☐ R Hemiparesis ☐ No Paresis Dysphagia ☐ Apraxia □ Sensory Neglect Other (provide details): 7 None **Old/Chronic CT or MRI Findings** Evidence of previous infarcts Sub cortical white matter changes - Mild ☐ Sub cortical white matter changes - Moderate Sub cortical white matter changes - Severe Stroke Workup **Echocardiogram Holter Monitor Carotid Imaging Secondary Prevention Clinic** ☐ Done ☐ Done ☐ Done Booked ___/__/__ yyyy/mm/dd ☐ Not indicated Not indicated Referred ■ Not indicated Booked ____/_/_ yy/mm/dd

☐ Booked ____/__/__ yy/mm/dd

☐ Booked ____/_/__ yy/mm/dd

■ Not Required

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3. ACUTE CARE MEDICAL A STROKE EVENT (cont)	SSESSMENT:			
Patients Name				
Specific conditions impacting on rehab pote None on this list Angina Coronary Artery bypass Surgery or Stenting Atrial Fibrillation Arthritis Osteoporosis Amputation Asthma Systemic Lupus Erythematosis Cerebral Vasculitis Other (list):				
Charleson Comorbidities Index No comorbidities on THIS list (1) Myocardial Infarct (1) Congestive Heart failure (1) Peripheral Vascular disease (1) Cerebrovascular disease (1) Dementia (1) Chronic pulmonary disease (1) Connective tissue disease (1) Ulcer (1) Mild liver disease	(1) Diabetes (2) Hemiplegia (Pre-exist (2) Moderate or severe re (2) Diabetes with end org (2) Any tumor (2) Leukemia (2) Lymphoma (3) Moderate or severe liv (3) AIDS	enal disease Jan damage	The total sum of the comorbidities above reflects the patient's ability to tolerate rehabilitation. Patients with scores > 3 may not tolerate rehabilitation	
Previous psychiatric history * No Yes Current psychiatric diagnosis * No Yes	☐ If Yes describe history ☐ if Yes specify diagnosi			
Surgical History	h date:			
Referring Physician's Name		Date	YYYY-MM-DD	
Attending Physician's Name				

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4. EPISODE INFORMATION				
Patient's Name		MRN/Chart Numb	per	
Patient's admission date to this facility		YYYY-MM-DD		
FINANCES				
Who manages the patient's FINANCES now?	☐ Self	Others	☐ Don't Know	
If OTHERS, list contact information contact person, Finance Relationship to patient Spouse partner Address		g relative frier	nd	
Daytime Phone		Evening Phone		
PERSONAL CARE	<u> </u>		<u> </u>	
Who manages the patient's PERSONAL CARE decisi now?	ons Self	☐ Others		
If others, list contact information	as contact person, FINAN	ICES OR		
Contact Person, PERSONAL CARE decisions Name Relationship to patient Spouse partner	son or daughter □ siblin	<u>-</u>	nd	
Address		Postal Code		
Daytime Phone		Evening Phone		
SUBSTITUTE DECISION MAKER				
Document if patient retains any of the following		–	7	
☐ A substitute decision maker ☐ Power of	Attorney	uardian	Public Guardian/Trustee	□ N/A
Contact information if applicable ☐ Same -Contact, FINANCES ☐ Same-Contact, FINANCES	ntact, PERSONAL CARE		Other, see below.	
If OTHER list contact information Name Relationship to patient □ Spouse □ partner □	son or daughter ☐ siblin	g	nd	
Address		Postal Code		
Daytime Phone		Evening Phone		
Financial Information Adapted from CIHI NRS				
Legal Settlement 0	Private insurance Ontario Works Canadian Pension Auto Insurance El		OAS Self-employed No income Veteran	
Inter-provincial Insurance Plan	Federal Government nsured/Self Pay Jninsured/Self Pay		☐IFH (Interim Federal Health Grant☐Other Payment Sources☐Unknown)
If insurance payment Name of insurer	Claim #		Certificate #	
Group number	Policy #			

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4. EPISODE INFORMATION (c	ont)		
Patients name			
Marital Status: Single Married Common Law Separated	☐ Divorced ☐ Widowed ☐ Unknown		
Home living situation, living with: (Adapted from Spouse/partner Family (including extended family) Others	n CIHI-NRS) Living alone Not applicable Unknown		
Caregiver support can be provided by:			
Spouse/partner Family (including extended family)	Roommate or Others NA		
Previous additional Support required: Attendant care Home support Privately-funded care None			
If additional support, describe:			
Can caregiver currently provide support with: N/A, patient does not have a caregiver	ADL	IADL	
Willing			
Able Available days Available evenings			
Comments caregiver support:			
Present accommodation: House Residential group home Apartment Building Rooming house Unknown Homeless Other (list):			
Describe accommodation barriers that must be Stairs into dwelling Stairs to bathroom Stairs to bedroom No barriers Don't know Other (list):	e dealt with in order for pa	tient to return home:	
Expected Discharge Destination Post Rehab: Home Home, CCAC +/- paid help Assisted Living (seniors apt building, retiremen LTC/CCC Shelter/Hostel Don't know	t home)	Deter	
Completed by:		Date:	

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		i		
5a. HEALTH ASS	SESSMENT			
Nurse to complete				
Patient's Name			Date	YYYY-MM-DD
Completed by			Nursing Unit Phone	
Weight *	Lbs □Kilos	Height *	Inches Centimeters Unknown	
Vision ☐ Adequate ☐ Impaired ☐ Glasses	Hearing ☐ Adequate ☐ Impaired	Comments, Vision	and Hearing (list any hearing devices)	
Complications after stroke Fracture after a fall Venous thromboembolis Seizures Pneumonia Other complications (list):	m			
Allergies * NKDA				
Disorientated to: Time Person Place Comments:				
Behaviour * At least one box to be ticked	Cooperative Resistive Aggressive Suicidal ideation Repetitive speech Screams Agitated (night) Suspicious Abusive (physical Anxious Sexually disinhibi	lly)	Self mutilation Demanding Disruptive Depressed Repetitive movement Agitated (day) Agitated (sun downing) Abusive (verbally) Paranoid	
Overall impact of cognitio and behaviour on ADL	☐ Moderate ☐ Severe			
Changes in cognition, bel	naviour in past week and i	mplications on futur	e rehab:	

⁶

5b. SAFETY and SPEC	CIAL NEEDS			
Nurse to complete				
Patient's Name		Date		YYYY-MM-DD
Completed by		Nursing Un	it Phone	
Safety				
Support required N/A Requires bed rails Requires gerichair Requires Hoyer lift	Restraints used * N/A Physical Chemical Reason: Frequency: Wandering risk N/A Indoor Outdoor		Falls post stroke Yes No Frequency: Reason for fall: Balance Vision Strength Fatigue Decreased insight, judgment Other (list):	times per month
Special Needs *	Provide details about the special needs	you have che	cked:	
□ No special needs on list OR choose ALL that apply □ Tracheotomy □ Suction	Treatment details	•		
□ Oxygen □ IV Therapy □ Isolation □ Peritoneal Dialysis	Precautions Procedures			
☐ Hemodialysis ☐ Enteral Feeding [†] ☐ MRSA ☐ VRE	Transportation issues (e.g. dialysis	s)		
C Difficile	Note: if patient has a tracheotomy or require or tube feeds. Forms are available from ref			
Skin condition	or tube reeds. Forms are available from rei	erence section o	i e stroke website and snould be laxed with	r electronic referral.
Ulcers present * Yes(complete description)	Description			
☐No If yes Braden staging grade:	Size		Location	
	Improving? Yes No			
Other skin condition (list)				
Bladder management Indwelling catheter Condom catheter Using incontinent product Toileting required Occasional incontinence Total incontinence	Treatment details/procedures Precautions			
Bowel management Toileting required Occasional incontinence Total incontinence Using incontinent product	Treatment details/procedures Precautions			
Ostomy Yes No	Type and care/products required			
	I Indonendent Tatal		ujros supervision	
Ability to care for ostomy: Comments nursing	☐ Independent ☐ Total care	∟ кес	uires supervision	

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6. REHAB ASS ALPHAFIM® IN PT/OT to complete			
Patient's Name		DOB	YYYY-MM-DD
Tester Name		Date	YYYY-MM-DD
Type of Stroke: (tick	one) Stroke L body ⊡Stroke no pare	esis Stroke bilateral Ot	her stroke
Complete the AlphaFIN	® Instrument items indicated be	low based on the distance the	patient can currently walk.
Patient walks less than	150ft Patient walks 150ft or mo	ore AlphaFIM® Instrume	ent Rating Levels
Eating	Transfers: Bed Chair	No HELPER	
Grooming	Walk	7. Complete Independ	dence (no device, timely, safely)
Bowe Management Transfers:	Bowel Management Transfers:	6. Modified Independ	ence (device, not timely, or not safely)
Toilet	Toilet	<u>Helper</u>	
Expression	Expression	Modified Dependent	ce (performs 50% or more of task)
Memory	Memory	5. Supervision (patier	nt performs 100% of the effort)
Note: leave no blanks enter 1 if not able to test an item due to risk		3. Moderate AssistanComplete Depender2. Maximal Assistance	e (patient performs 75% or more of the effort) ce (patient performs 50% - 74% of the effort) nce (performs less than 50% of task) e (patient performs 25% - 49% of the effort) patient performs < 25% of the effort)
Comments:			
Projected Scores fro	m AlphaFIM® Instrument soft	ware at <u>www.udsmr.org</u> (se	elect software portal, AlphaFIM® software).
FIM® 13 Raw Motor			
FIM® 5 Raw Cognition	1		
FIM® 13 Rasch Motor			
FIM® 5 Rasch Cogniti	on		
FIM® Motor Range			
FIM® Cognition Range			
FIM® Walking Range			
Help Needed		w wpo)	A MARCO MARC
	Uniform Data System for Medical Rehabilitated with permission from UDS _{MR}	tion (UDS _{MR}), a division of UB Foundation	Activities, Inc. (UBFA) All rights reserved. All marks associated with AlphaFIM,

6. ABILITIES AND TOLERANCE: ORPINGTON PROGNOSTIC SCALE

PT/OT to complete

Patient's Name	Date	YYYY-MM-DD
Tester's Name	Phone	YYYY-MM-DD
Orpington Prognostic Scale: Grade the patient by CIRCLING the appropriate scores b	elow.	
Motor deficit in arm Lying supine, patient flexes shoulder to 90 degrees and is give	en resistance	
MRC grade 5 (normal power)	0	Total Orpington
MRC grade 4 (diminished power)	0.4	Prognostic Score
MRC grade 3 (movement against gravity)	0.8	1.6
MRC grade 1-2 (movement with gravity eliminated or trace)	1.2	+ Motor score
MRC grade 0 (no movement)	1.6	+ Proprioception
Proprioception (eyes closed) Locates affected thumb	•	+ Balance score
Accurately	0	+ Cognition Score
Slight difficulty	0.4	Oughillon Score
Finds thumb via arm	0.8	=
Unable to find thumb	1.2	
Balance	<u>.</u>	
Walks 10 feet without help	0	
Maintains standing position	0.4	
Maintains sitting position	0.8	
No sitting balance	1.2	
Cognition (Hodgkins Mental test): Can the patient recall	-	
1. Age of the patient	1	Scoring Cognition
2. Time (to the nearest hour)	1	(Score out of 10) Mental score 10 = 0.0
(Prompt by you) I am going to give you an address, please remember it and I will ask you late	er: 42 West St	Mental score 8-9 = 0.4 Mental score 5-7 = 0.8
3. Name of hospital	1	Mental score 0-4 = 1.2
4. Year	1	
5. Date of birth of patient	1	
6. Month	1	Interpretation of Stroke Severity Score
7. Years of Second World War (1939-1945) (approximate range okay)	1	< 3.2 score = 3 minor stroke
8. Name of President of the United States	1	3.2-5.2 score = 1 moderate stroke > 5.2 score = -1 major stroke
9. Count backwards from 20	1	
10. What is the address I asked you to remember?	1	

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6. ABILITIES AND TOLERANCE: ORPINGTON MODIFIERS

PT/OT to complete		
Patient's name:		·
	-1 🗆	Coma at onset of stroke
	+1 🗆	Pure motor deficit
	-1 🗆	Visuospatial deficit (*draw a clock face with the time of 10 minutes after 11 am, OR if the patient cannot draw, have patient observe a clock and tell the time, or complete line bisection test)
Stroke Modifiers	+1 🗆	Lacunar infarct
	-2 □	Bihemispheric deficit
	-1 🗆	Dysphagia
	-2 □	Parietal Symptoms
	-1 🗆	Incontinence persists 2 weeks or longer post stroke
	+2 🗆	Age <55 years
	-3 🗆	Severe cardiovascular disease CCS Class III-IV and/or NYHA Class III-IV Angina
Patient Modifiers	-3 🗆	Severe respiratory disease Dyspnea Class III-IV
	-1 🗆	Coexistent symptomatic PVD
	-1 🗆	Poor Premorbid functioning
	+2 🗆	Time elapse since stroke < 2 weeks
Time Modifiers	0 🗆	Time elapsed since stroke = 2-4 weeks
	-1 🗆	Time elapsed since stroke = 4-8 weeks
	-2 □	Time elapsed since stroke > 8 weeks
Modified Orpington Score	(Sum of modi	fiers PLUS stroke severity score from previous page)
		ate for active IP rehab programs or home rehab. ate for low tolerance rehabilitation programs
		ton due to Aphasia ton due to other (list)

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6. ABILITIES AND TOLERANC PT/OT to complete	E: FUNCTION				
Patient's Name:		Date:		YYYY-MM-DD	
Completed by:		Phone Nu	mber:		
Comment on changes in patient's PROGRESS	(functional gains) in the p	past week a	nd implications for future reha	ab:	
Ability to participate:					
Physical Activity tolerance * Sitting tolerance * Mental Activity Tolerance * ☐ 15-30 minutes ☐ Supported ☐ 15-30 minutes ☐ Unsupported ☐ 30-60 minutes ☐ > 1 hour ☐ 15-30 minutes ☐ > 1 hour ☐ 15-30 minutes ☐ > 1 hour ☐ 30-60 minutes ☐ 30-60 minutes ☐ > 1 hour ☐					
Frequency of therapy treatment tolerated:	Daily 2-3 x per week	⟨	у		
Motivation to participate in rehabilitation (tick	ALL that apply)				
Demonstrates motivation to participate in rehal Usually motivated to participate, occasional fru Motivated to participate but attendance, involve	o (regular attendance and in stration apparent		cooperation)		
Is the patient experiencing shoulder pain?	☐ Yes ☐ No				
Comment:					
Can patient take direction, retain and execute verbal OR written OR visual instructions?					
Anticipated Progress: $$ the column matching anticipated independence by end of next reha setting	Independer with or without		Minimal assistance	Moderate to maximal assistance	
Locomotion					
Transfers					
ADL					
Other (list)					
Additional services: Pain management Self care & mobility assessment prescription					

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6. ABILITIES AND TOLER SLP to complete	RANCE - SPEECH				
Patient's Name		Date	YYYY-MM-DD		
Tester:		Tester Phone			
Communication Disorder None New Old Both new and old	Speech Adequate Receptive aphasia Expressive aphasia Dysarthria Apraxia	Communi ☐Adequa ☐With Di ☐Unable	ately ifficulty		
Changes in COMMUNICATION status in	n past week and implications for futu	re rehab:			
Swallowing Disorder * Phase swallowing affected None Pharyngeal New Oral Old Both		admissior □Yes □No	No		
■Both new and old		Repeat/vic			
Changes in SWALLOWING status in las	st week and implications for future re	hab:			
Diet * Regular NPO PEG NG	Adjusted diet: solids Minced diet Pureed diet Dental soft diet Snacks only Other (list below):	Thin liq	thick liquids thick liquids g water only		
Changes in DIET in past week and imp	lications for future rehab:				
Anticipated Progress: √ the column matching anticipated level of independence by end of next rehab setting	Independent with or without aids	Minimal assistance	Moderate to maximal assistance		
Communication					
Feeding					
Impact of communication disorder(s) o None Mild Moderate Severe	n behaviour				
Speech, language and diet comments:					

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6. COGNITION AND BE ASSESSMENT	HAVIOUR		
Patient's Name		Date	YYYY-MM-DD
Tester		Phone	
Perceptual status Normal Mild Inattention Moderate Inattention Severe Inattention Body neglect Reduced depth perception Affected spatial awareness/skills Apraxia Attention No deficit Mild Moderate Severe Unable to test	Memory * No deficit Miild Moderate Severe Unable to test	Judgment * No deficit Mild Moderate Severe Unable to test	Executive Functioning * No deficit Mild Moderate Severe Unable to test
Comments on COGNITION			
In your opinion, rate the patient's progress in the past week Moderate progress in the past week Minimal progress in the past week Patient has plateaued in progress in Patient is too acute to measure progress (comment)	k in the past week		
Comment, RATE OF PROGRESS			

7. STROKE REFERRAL	
Referring facility information	
Primary contact for information	
Your organization and/or program name	
Bed offer contact name and number/pager *	
Your fax number	
Date referral completed	YYYY-MM-DD
Anticipated date ready for rehab ¹ or ready for transfer to rehab	YYYY-MM-DD
Comments, ready for rehab status	
Choose whether initial referral or update ☐ Initial referral ☐ Update (responding to intake need for more information)	
Rehab setting type Inpatient rehab HTSD or HTLD Low Tolerance, long duration or LTLD	
Planned referral destination/s	
1.	2.
5.	4. 6.
Client preferred choice for referral	
Preferred accommodation * Ward Semi private Private Other	
If early referral (e.g., patient to be weaned off of NG tube, IV out, dates) specify if special needs expected to resolve before discharge	
Additional referral comments	

Ready for rehab: Refer to Inpatient Rehab Referral Guidelines GTA Rehab Network 2005
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