

# Enhancing Community-Based Therapy for Stroke Survivors

## Protocols for Stakeholders Therapy Providers

### Clients Discharged to the LTC Setting

The providers are the Occupational Therapists, Speech Language Pathologists and Social Workers contracted by the CCACs to provide rehab service. CCAC physiotherapy providers will not participate in the enhanced CCAC services in LTC as LTC Homes already have their own contractual arrangements with Physiotherapy providers.

**Actions:** (these may vary to meet the administrative procedures of different settings).

1. Obtain a new stroke client's referral in the customary way.
2. **If you are an OT you will:**
  - Be the first provider in the LTC home from the CCAC
  - Establish the initial service plan in collaboration with the client/ case manager. This plan could include OT/SW/ SLP if identified as a need. The initial service plan will be for 4 weeks.
  - Provide for Assistive Devices Program Assessment if part of the overall treatment /goals
  - Communicate to the DOC the planning meeting date. This meeting will include LTC home PT, DOC (or designate, other care providers if required and client/family if able).

#### **All Providers will:**

1. Provide the enhanced level of therapy as determined by the client's service plan and continue to communicate care plans in the usual manner to the case managers.
2. Communicate any changes to the service plan to the Case Manager along with rationale.
3. Collaborate with the case manager in establishing the second 4 week plan.
4. Select educational videos from the TIPS and TOOLS resources for use with the PSWs, client/family and other caregivers to review that pertain to the client's plan of care/treatment approach.

#### **Guidelines for the "Increased" Therapy**

The Project supplies up-front funding for increased therapy that is **above and beyond** the level of therapy the CCAC would normally provide within a maximum funding envelope. The amount of increased therapy will be determined by the client's therapy goals for each client. The increased therapy includes the following activities:

- a) The initial OT assessment.
- b) Care plan meeting in LTC
- c) Therapy Provider visits (as per the guidelines below).

First 4 weeks:	Up to:	2 extra visits/wk of OT 1 extra visit/wk of SLP and SW *
4-8 weeks:	Up to:	1 extra visit/wk of OT 1 extra visit/2wks of SLP and SW *

**SW NOTE:** \* On a case-by-case basis if deemed appropriate, the service plan can be extended over 12 weeks (rather than 8) for **Social Work** service.

#### **For Further Information Contact:**

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