



Restorative Care – 2 West St. Peter's Hospital

What is Restorative Care?

Restorative Care at St. Peter's Hospital provides follow-up stroke care that began on 7 South at the Hamilton General Hospital. The goal of Restorative Care is aimed at restoring function after a stroke in order to return you to daily life at home.

Restorative Care includes 10 beds for stroke care within a 34 bed unit, called 2 West. Your stay in Restorative Care is about 90 days.

Your Health Care Team

Your rehabilitation needs will be supported by a team including:

- Doctor
- Registered Nurse
- Registered Practical Nurse
- Clinical Nurse Specialist
- Occupational Therapist
- Physiotherapist
- Speech Language Pathologist
- Dietitian
- Social Worker

Your care will be coordinated by an RN-Case Manager.

The team will work with you on a daily basis to improve your strength, endurance and functional activities such as eating, dressing, mobility, toileting and bathing. Family members may take part in care and teaching sessions.

You and your family will meet with the team within a month after your move to St. Peter's Hospital to determine your goals and your discharge plan. Your progress toward discharge will be reviewed weekly. The team works closely with you, your family and Community Care Access Centre (CCAC) to plan your discharge and follow-up care.

Co-payment

Because St. Peter's is a complex care hospital, all patients are assessed for co-payment. Co-payment is a daily fee that covers the cost of your room and meals. Your health insurance (OHIP) will continue to pay for the services of your health care team. maximum co-payment rate is set by the Ontario Ministry of Health and Long Term Care. The co-payment rate is set by the Ministry of Long-Term Care. You may pay all or some of this fee, depending on your income last year, the number of your dependents, or financial hardship for a spouse living in the community who is deemed not to be a dependent. Patients will not be declined from service based on inability to pay the co-payment.

What do I bring?

Bring loose fitting clothing, such as track pants, and wear supportive and comfortable shoes that you will be able to exercise in. Also bring your Stoke Care binder with you as you move to Restorative Care – 2 West.

We look forward to working with you as you continue your recovery.