

# About My Stroke

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## My stroke was an:

- Ischemic Stroke
- Hemorrhagic Stroke
- Transient Ischemic Attack (TIA)

## The location of my stroke was:

- Right side of my brain, also called the right hemisphere
- Left side of my brain, also called the left hemisphere
- Brainstem
- Cerebellum

## The effects of my stroke are:

- Weakness to one side of body
  - Weakness of both sides of body
  - Trouble talking or understanding speech
  - Trouble thinking and remembering things
  - Trouble seeing
  - Trouble eating or swallowing
  - Balance and walking problems
  - Other: \_\_\_\_\_
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**My stroke risk factors are:**

- High blood pressure, also called hypertension
- High blood cholesterol
- Diabetes
- Being overweight
- Drinking too much alcohol
- Smoking
- Stress
- Family history of stroke
- Ethnicity
- History of stroke or Transient Ischemic Attack (TIA)

**My stroke recovery needs**

Each stroke is different. Strokes can range in severity from mild to severe and the rehabilitation needs are different for each level of severity. The health care team has determined the severity of your stroke and your rehabilitation needs by completing a number of tests and assessments.

The severity of my stroke is:

- Mild
- Moderate
- Severe

My stroke rehabilitation needs are:

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My ongoing stroke rehabilitation will be on:

- Hamilton General Hospital, 7 South
- Hamilton General Hospital,  
Regional Rehabilitation Centre – B 2 North
- St. Peter’s Hospital – 2 West

I will be moved to continue my rehabilitation on:

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