



Ontario Stroke Network  
Stroke Rehabilitation Best Practice Initiatives Environmental Scan

Northwestern Ontario Regional Stroke Network – Prepared by Esmé French										
Organization	Contact Person	Name of Initiative	Program Offering	Date Implemented	Team members involved	Outcomes to Date	Success Factors	Lessons Learned	Resources	Future Plans
St. Joseph's Care Group	Denise Taylor <a href="mailto:taylor@tbh.net">taylor@tbh.net</a>  Kirsti Reinikka <a href="mailto:Reinikk@tbh.net">Reinikk@tbh.net</a>	Enhanced access to community reintegration programmes	Moving on After Stroke -9-week self-management and exercise program, offered face to face and by videoconferencing  Keep Moving with Stroke -Community –based, stroke specific exercise program delivered in a recreational facility	2009-2010	Referring members of inpatient and outpatient rehab teams, program leads/consultants are hospital staff,		Dedicated in-hospital program leads, community liaisons, partnerships with municipality, local stroke recovery networks, regional stroke networks	Transitioning to community programs for maintenance and self-management assists with d/c planning and to support flow through ambulatory service	Moving on After Stroke program brochure  MOST Brochure October 2008.pdf  Use of municipal “inclusion services workers” to support clients accessing community recreation after out-pt therapy <a href="http://www.thunderbay.ca/Living/recreation_and_parks/Accessible_Services.htm#Inclusion+Services">http://www.thunderbay.ca/Living/recreation_and_parks/Accessible_Services.htm#Inclusion+Services</a>  Community exercise class for people with stroke -  Stroke class flyer-Fall 2011.pdf  DVD training program for fitness instructors available at: <a href="http://www.tbrhsc.net/clinical_partners/regional_stroke_program/video_resources.asp">http://www.tbrhsc.net/clinical_partners/regional_stroke_program/video_resources.asp</a>	Maintain and consider expansion when necessary