

Stroke Rehabilitation During COVID-19

Stroke rehabilitation services play a critical role in offering people with stroke and their families the best opportunity for optimal recovery. It is critical that rehabilitation services continue to operate as much as possible during the COVID-19 pandemic.



AVAILABLE RESOURCES: TO HELP YOU CONTINUE SUPPORTING PATIENTS AND FAMILIES ACHIEVE THEIR REHABILITATION GOALS



CorHealth COVID-19 Stroke Memo #2

Recommendations for an Ontario Approach to the Provision of Stroke Rehabilitation During COVID-19 (April 20, 2020)

Regional Stroke Networks Stroke Rehabilitation Coordinators Implementation Strategies

Provincial Summary of Implementation Strategies to Achieve the "Recommendations for an Ontario Approach to the Provision of Stroke Rehabilitation during COVID 19" (May 6, 2020)

IN THE SPOTLIGHT: ADAPTING QUALITY STROKE CARE TO COVID-19



Denis Lalonde (Maintenance) and Sarah Fitzpatrick (SLP)

"The Speech Language Pathologist (SLP) at Glengarry Memorial Hospital Inpatient Stroke Rehab (Sarah Fitzpatrick) expected some changes to her interactions with patients as a result of COVID-19. She worked together with the hospital's Maintenance Team and the IT department to build two novel solutions that would ensure speech and language assessment and therapy was not interrupted. The first creation was a telepractice station created by the IT department, which patients can use if they are COVID-19 positive or symptomatic. It allows the patient to videoconference with the SLP from a distance. The other project was for Denis Lalonde from the Maintenance team to build a moveable treatment table: the table has a plexiglass window separating patient and provider so there is very little risk of exposure. It's on wheels so it's easy to move from one treatment area to another."

CHANTAL MAGEAU-PINARD

REHABILITATION MANAGER, GLENGARRY MEMORIAL HOSPITAL

"I was able to use CorHealth Ontario's Stroke Memo #2 and Recommendations to suggest opening our Virtual Rehab Clinic. We were up and running within 3 weeks!"

ERIN MCHATTIE

DISTRICT STROKE PROGRAM COORDINATOR, PETERBOROUGH REGIONAL HEALTH CENTRE

"I am trying to be creative with other options such as 'driveway visits' when it is safe to do an outdoor session."

SHANNON MULHOLLAND

PT, HOMECARE PHYSIOTHERAPIST, SOUTHEASTERN ONTARIO

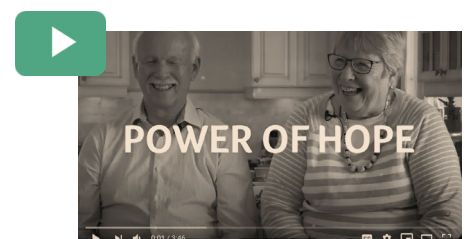


"The Pandemic resulted in many organizations reducing their in-home rehabilitation visits; one Community Stroke Rehabilitation Team redeployed staff to support in-hospital stroke rehabilitation. This innovative model supported improved hospital to home transitions as the same therapy staff provided care to the patient within hospital and via virtual home visits." - **DOUG BICKFORD**, REGIONAL DIRECTOR, SOUTHWESTERN ONTARIO REGIONAL STROKE NETWORK ON HURON PERTH HEALTH CARE ALLIANCE

"Speech Language Pathologists (SLPs) at North Bay Regional Health Centre are using plexiglass partitions for face-to-face treatment sessions. Seeing a person's mouth enhances conversation and understanding for everyone. For a person who has a speech and language impairment, wearing a mask is an added barrier to their communication; a barrier we were able to remove!" - **SUSAN BURSEY**, REGIONAL DIRECTOR, NORTHEASTERN ONTARIO REGIONAL STROKE NETWORK

Be Inspired by the Power of Hope

Watch Denise and Dave Nielsen's story, the third of four inspirational videos in the Royal Victoria Health Centre's Power of Hope series for #StrokeMonth: youtu.be/p_jeesBf5BI



Unfortunately, people will continue to have strokes, even during a pandemic. Fortunately, our stroke stakeholders are dedicated to delivering high-quality stroke care. From all of us at CorHealth Ontario, a heartfelt thank you.

