



**HYPERTENSION MANAGEMENT PROGRAM
Program Action Plan**

Site: Town FHT

Date: May 2019

Goal	Activity	Target/Outcome	Who does What?	Resources Needed	Potential Barriers	Timelines
Improve general BP screening	Every patient asked if BP has been checked in the past year – if no, check BP	Screen 80% of the adult patients for BP who do not have at least one BP reading in last 12 months	Nurse/RPN to ask each adult patient regarding BP check Nurse/RPN to post poster about hypertension program	Develop poster		Post poster on Wednesday Introduce program at staff meeting on Tuesday
Enrollment of patients into hypertension management program	<ul style="list-style-type: none"> • Taking patient BP • Explaining program and gaining patient 'buy in' • Taking/recording measurements • Discussion of lifestyle change 	<p>Enrolling 8 patients per day on each of Wed. and Thurs. afternoon each week</p> <p>Keeping initial visit to 30 minutes and completing flowsheet visit as outlined</p> <p>Complete registration of all patients on initial list by date X</p>	<p>Student nurse to put patient on AOBP monitor</p> <p>If BP <150/95, NP handles visit. If over, then patient sees MD immediately post-flowsheet completion</p> <p>RN handles taking/recording measurements and takes Hx for all patients</p> <p>NP handles lifestyle change discussion</p> <p>Receptionist to book all patients a follow-up apt</p>	<p>Train student nurse on AOBP monitor</p> <p>Put (waist) tape measures and patient education printouts in both exam rooms</p> <p>Go over flowsheet with RNs</p>	<p>Patient no-shows (have reception do reminder and follow-up calls and rebook as needed)</p>	<p>Flowsheet review following staff meeting on Tuesday</p> <p>Begin enrollment next Wednesday</p>