



HYPERTENSION MANAGEMENT PROGRAM Program Action Plan Guide

Objective: To easily and effectively implement & optimize a Hypertension Management Program in your practice

At the end of the Program Action Plan development, the healthcare team should have:

- A clear understanding of tasks, roles, responsibilities and timing
- A plan to ensure that the current portion of the program can be effectively 'rolled out'
- A plan for timely, regular reviews of "how it's going" and an understanding that the plan is flexible and can be revised by the team as needed to meet the agreed goals

Things to consider when creating a Program Action Plan:

- Existing health centre/clinic processes
- How to integrate processes and tools within your current practice - who does what, where to put things so they are easy to reach/find as needed
- How to modify and sustain processes to support optimal integration and use of program tools
- How to enhance communications among providers (internal/external) to help accomplish the program (and possibly other programs as well)

Logical stages or processes for which to develop action plans:

- Initial program implementation
- Patient Screening Quality Improvement (e.g. how to increase screening in your practice to identify undiagnosed HTN)
- Patient enrollment expansion (e.g. if the program starts with 1 group of patients within a practice, how to expand to all appropriate patients in the practice over time)
- Patient follow-up visits (e.g. ways to facilitate follow-up visits and lifestyle support such as group visits, education sessions, etc.)
- Program sustainability (e.g. how to deal with staff turnover, other practice pressures, etc.)
- Program expansion (e.g. if program starts with some of the practice's HCPs, how to expand to include more HCPs, other practice locations)
- Quality Improvement (QI) intervals (e.g. addressing site specific quality plans, such as increasing the volume of patients meeting target BP, decreasing the volume of patients who have not completed appropriate lab tests)

For additional ideas see the 'Program Action Plan (example)' and use the 'Program Action Plan (template)' to get started!