



CorHealth COVID-19 Rehab Stakeholder Forum

April 30, 2021 - 8:00-9:00 am

Teleconference: 647-951-8467 / Toll Free: (844) 304-7492

Conference ID: 379 898 352

Agenda

Description	Presenter	Time
1. Welcome <ul style="list-style-type: none">• CorHealth Stakeholder Forum Overview• Meeting Objectives• COVID-19 System Planning Updates	Sheila Jarvis	8:00 am
2. Key Issues and Challenges related to the provision of Rehabilitation during wave 3 of COVID -19 pandemic. Current experience, learning and insights from the community of practice for: <ul style="list-style-type: none">• Outpatient cardiovascular rehabilitation• Stroke rehabilitation (inpatient, outpatient and home based)	Dr. Paul Oh Dr. Mark Bayley	8:10 am
3. Wrap up and Next Steps	Dr. Mark Bayley Dr. Paul Oh Karen Harkness	8:50 am



Welcome

SHEILA JARVIS

Context/ Opportunity

- COVID-19 Wave 3 continues to present significant impacts on rehabilitation care for cardiac, stroke and vascular patients
- Providers identified the value of knowledge sharing as a community of practice to support and learn from each other

PURPOSE OF FORUM:

To provide the opportunity for dialogue and sharing between providers across the province.

Meeting Objectives

1. To understand how the rehabilitation sector for cardiovascular and stroke have been affected by COVID-19 Wave 3
2. To provide providers the opportunity to share options and strategies for maintaining delivery of rehabilitation to cardiovascular and stroke patients, where possible

Housekeeping Reminders:

- *Please ensure that you are on mute, not on hold, when you are not speaking on the call*
- *Please be aware that when the call is put on hold, we often hear hold music or persistent beeping*



System Planning Updates

SHEILA JARVIS

CPVID-19 System Planning Updates

- CorHealth is hosting a combined COVID-19 Stakeholder Forums (cardiac, stroke, and vascular stakeholders) weekly, as necessary
 - Two Forums have occurred to date (April 21st & 28th)
 - Highlights include: ICU Capacity, EMS transfer considerations, and HHR pressures
 - Forum Summaries and Presentations are available [here](#)
- The MOH re-released Directive #2 on April 20, 2021 to ramp down non-urgent and non-emergent procedures and surgeries
 - CorHealth clinical Guidance Memos continue to provide relevant guidance to providers as we navigate through COVID-19 Wave 3
 - All CorHealth Guidance Memos are available [here](#)



The Provision of Rehabilitation-Navigating Wave 3 of the COVID-19 pandemic

Dr. Paul Oh/Dr. Mark Bayley

Provincial CR Measurement and Reporting Initiative



Given the critical demands for managing the COVID-19 pandemic at this time, plans to collect CR data from programs is on hold.

We will revisit this activity as the healthcare system recovers.

Attention Stroke Rehab Community

For the Stroke Rehab Community-if you haven't already responded to the survey in the meeting invite, please provide your answers through the link in the chat box now while we discuss outpatient cardiovascular rehab.
We will leave the survey open for 10 minutes.

We will share the findings with you later in the Forum!

CR program check in by Dr. Paul Oh

April 26, 2021

Program	Are you still open?	Activity compared to 1 month ago?	Operating virtually?	Any on-site visits?	Are you able to access or conduct stress tests?	Any redeployment of staff?
Barrie	√	Same	√	√	√	No
Goderich	√	Same	√	√	√	No
Kitchener /Waterloo	√	↓ referrals	√	Sort of	√	No
London	√	↓ (staff)	√	√	√	√
Scarborough Health Network	√	↓ referrals	√	No	Access but not doing them	No
Southlake	√	Same	√	No	Stopped	No
Thunder Bay	√ (10/12 sites open)	Same	√	√	√	√
UOHI	√	Same	√	No	√	No
UHN	√	Same	√	√	√	√ + voluntary
Windsor	√	Same	√	√	No	No



Preliminary Stroke Rehab Survey Results

Cardiovascular: Opportunities for Outpatient Rehabilitation

- What is the impact of this 3rd wave of COVID-19 on your program?
- What are your biggest concerns right now?
- Have there been any key learnings from the 1st and 2nd waves that you are implementing during this 3rd wave?

Stroke: Opportunities for Inpatient, Outpatient and Home Based Rehabilitation

- What is the impact of this 3rd wave of COVID-19 on your program?
- What are your biggest concerns right now?
- Have there been any key learnings from the 1st and 2nd waves that you are implementing during this 3rd wave?
 - How have you pivoted or adapted your models of care?
 - How are you supporting patient transitions?



Next Steps

DR. MARK BAYLEY/DR. PAUL OH

Next Steps

- What do you see as the role of CorHealth at this time? (e.g. conduit for information within the community of practice or system partners, sharing information with members of decision tables; continue to foster discussion; develop guidance document/playbook; inventory of current approaches to rehab)

Upcoming Events for Patients and Providers (Free)

Patient and Caregivers

- May 4th, 2021: 1:00-2:00 pm EST. Heart and Stroke and Heart Life Foundation presents: Enhancing Virtual Heart Failure Care: practical strategies, tips, and tools to increase access and improve quality of care. This free event is an open invitation and may be forwarded to interested parties.
 - Registration Link: <https://attendee.gotowebinar.com/register/781167141324687887>
- May 5th, 2021: 08:00-09:00 am. Stroke in Young Adults: Patient Reported Outcomes and Psychosocial Needs. Dr. Aleksandra Pikula
 - Registration link: <https://www.tostroke.com/events/provincial-stroke-rounds-stroke-in-young-adults-patient-reported-outcomes-and-psychosocial-needs/>
- May 6th, 2021: Starts at 12:00 pm EST. The HeartLife Patient and Caregiver Day Registration is officially live - E3: Engage. Educate. Empower. With the theme "It's About Life - The Patient Journey".
 - Registration link: <https://heartlife.ca/event/conference-e3-engage-educate-empower/>



Health Care Providers

- May 5th, 2021: 12:00- 13:30 PM. Preparing for the wave in cardiac rehab: the comprehensive role of cardiac rehab programs in recovery from Covid-19 . (long COVID information)
 - Registration link: <https://cacpr.ca/event-4270795>
- HSF in Collaboration with CACPR: Virtual Cardiovascular Prevention and Rehabilitation Implementation Toolkit available for download from the HSF website
 - Toolkit link: <https://heartstrokeprod.azureedge.net/-/media/1-stroke-best-practices/vcr-toolkit-final-2021.ashx?rev=e2d73b476e6e4ef1abc09624992566d0>

