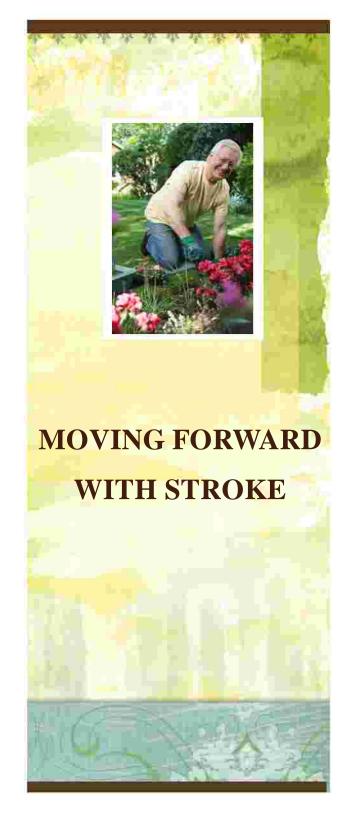
Purpose

This group is for adult stroke survivors and caregivers in Stratford and the surrounding area. Through education and peer support, members will be empowered to improve their health and wellbeing.





WHERE WILL THE GROUP MEET? YMCA Stratford 204 Downie Street Stratford, ON, N4X 1A5

HOW OFTEN WILL THE GROUP MEET?

The first Wednesday of every month

... starting

Wednesday April 7^{th} , 2010.

WHAT TIME?

2:00 to 3:30 p.m.

FACILITATORS Erin Maloney Social Worker 519-527-8404 x 4288 Grace Benedict Registered Nurse *519-527-8404 x 4287* Please feel free to contact either Erin or Grace at any time with any questions.